Commonwealth Games Association of Jersey

President:
Paul du Feu
Notre Tro
Rue des Cabarettes
St. Martin,
Jersey JE3 6HT
Channel Islands

Tel: 44 1534 732441
Mobile 07797733304
Email: tigersjersey@hotmail.co.uk

Secretary General:
Paul Huddlestone
La Brecquette,
Chemin de la Brecquette,
St. Ouen,
Jersey JE3 2FF
Channel Islands

Tel: 44 1534 483917
Mobile 07797810537
Email: paul.huddlestone@cgaj.org

PATRONS:

HIS EXCELLENCY, THE LIEUTENANT-GOVERNOR OF JERSEY

THE BAILIFF OF JERSEY

June 9, 2017

2018 Gold Coast Games – Selection Criteria – Swimming

Agreement between Jersey Amateur Swimming Association and the Commonwealth Games Association of Jersey confirming agreement of the Selection Criteria applicable to selection of athletes to represent Team Jersey at the 2018 Commonwealth Games to be held at Gold Coast City, Australia..

Dear Secretary,

I attach a copy of the Selection Criteria paper which has been approved by the Association's Validation Group applicable to the nomination of athletes by your Association competing in the sport of Swimming for consideration for selection to represent Team Jersey at the 2018 Gold Coast Games.

Please check through this paper very carefully to ensure that the members of the Validation Group have the correct version of your Association's Selection Criteria paper. Selection Criteria from all member sports have been amended during the validation process and it is essential that there is agreement before the paper is published on the CGAJ's website and published and distributed to athletes within your sport.

If agreed please have the confirmation below signed by the President or Secretary (or equivalent) of your Association and return this letter to me as soon as possible.

Yours sincerely,

Graham Huelin
Chairman CGAJ Validation Group

I Name RICHARD CORRIGAN as Office held PRESIDENT of Jersey Amateur Swimming Association acknowledge and agree the attached Selection Criteria for the 2018 Gold Coast Games to be the final version prepared by us and agreed with the Validation Group

Signed _____ Date 10/7/17

acorn

Notes to the Selection Criteria

The following Selection Criteria have been established in line with guidelines issued by Commonwealth Games Association of Jersey (CGAJ) in its paper entitled "Team Selection Process of Team Jersey – 2018 Games" which governs the selection process as a whole. The paper can be found on the CGAJ website http://www.cgaj.org/.

Athletes aiming to achieve selection for Team Jersey should be aware that achieving the Performance Indicators described in their sport's Selection Criteria does not of itself guarantee selection:-

- Demonstrating commitment to the planned training, preparation and competition schedule evidenced by training log books and tournament planners is equally important; and

- If more athletes are confirmed to have achieved the performance indicators stated in their applicable Selection Criteria than there are places available to Team Jersey in that event then the Sport will provisionally select the athlete(s) to represent Team Jersey in the relevant event.

- After the establishment of the following Selection Criteria, The Commonwealth Games Federation imposed a cap on the overall team size of Team Jersey of 33 athletes across all sports[1] with no specific allocation between sports. If more than 33 athletes achieve the selection criteria for their respective sports then a Final Selection will be made by the Validation Group of the CGAJ.

Note [1.] This excludes team sports in which Team Jersey does not normally compete and Beach Volleyball which was added late as a 2018 Games sport and whose athlete numbers will be added to Team Jersey if they achieve their relevant Selection Criteria.

To Paul Huddlestone. General Secretary CGAJ . Dec 2015
From Jersey Amateur Swimming Association.

Please forward this to the CGAJ Validation Committee

JASA's Rep throughout the 2 years leading up to the games will be Nathan Jegou

Swimming 2018 Qualification Paper JASA:
JASA has set out criteria which will fully engage swimmers as well as set out what targets are expected of them.

Minimum Requirements:
Competitions:
A swimmers is expected to attend 6 long course competitions per year (level 1), preferably open. To Include British Senior Nationals, age group performances will be accepted. Multi disability events which are recommended by ASA and British swimming will count for all 'S' Category swimmers. Within the short course season, swimmers will be expected to compete at the highest level possible.

After each competition it is up to the swimmer to contact the swimming rep (Nathan Jegou) with results and links to results when necessary.

Each swimmer must chart and put % results next to every swim they do. This is not coach's job.
Swimmer will produce this chart every 6 months

Planning:
Each swimmer will need to produce a season planner, so JASA is aware of when each swimmer is planning on racing. This is particularly important for those who are based off island; it will also ensure swimmers are notified of any problems or number of competitions and the level of competitions in advance.

Evidence:
As well as the competition evidence to be submitted after every meet, JASA will require further information on the below sections.

Log Book, Diary sheet:
As should have been explained to you, weekly diary sheets will be handed in every Sunday. On these sheets we will want weekly hours in the pool, Gym and Metres.

Testing:
Any testing done within the swimmers programme home or aboard, should be sent in to swimming rep end of each month (if done less regularly send when required)

Qualification standard and performance indicators:
JASA have worked closely with Jersey Commonwealth games association to set times which will be used as performance indicators. These have been set in relation to Gold Medal times over the past three main games, plus previous JASA set times.(Note only Glasgow has had Multi Disability swimming in any previous games, so time has gone against one single event)

Attached as Appendix 1 are the JASA performances Indicators, these times for every swimmer is part of a process and it should be highlighted swimming inside the Performance Indicator DOESN'T ensure selection. The process put in place means swimmers must show consistent improvements each season (year) going into the games, as well as swim close to if not better than the times set out.

With times always being sent to JASA swimming rep, competition progression will be mapped out.

Selection for the team will be finalised by Jersey Commonwealth games association, its JASA duty that when we put you the swimmer forward we can show and prove that since January 2016 each member has achieved the process.

The Process in Summary:

Regular Training programme which is weekly sent in (include hours in pool, gym)
Competition planner to be sent in beginning every year / season (added to when necessary)
Attend 6 or more level 1 meets through the year (Multi Disability meets)
Competition results with links to sent in no later than 48 hours after competition
Race chart to show all results by % all the way up to final selection
If a performance indicator times is equalled or bettered still aim to progress in both training and competition

Performance Indicators:
The attached sheets show the statistics from the last THREE games (only 1 games for Multi Disability) JASA used 15th In Britain as their **Qualifying Standard** For those games. JASA has looked at 15th in Britain again but has had the added statistics from CGAJ of the Gold medal times. Using these and the 15th JASA has come up with a set of PI's which seem fair and are attached as Appendix 1.
JASA's QT's in previous games have obviously been extremely tough and these PI's are still very challenging but with 2 seasons of results plus a training regime and testing to back these up we feel confident that the swimmers can be fairly scrutinized when validation sit.

Swimmers aiming to achieve selection for Team Jersey should be aware that achieving the Performance Indicators described above does not of itself guarantee selection:-

- Demonstrating commitment to the planned training, preparation and competition schedule evidenced by training log books and tournament planners is equally important; and
- If more swimmers are confirmed to have achieved the performance indicators stated above than there are places in the event available to Team Jersey then the JASA will provisionally select the swimmer(s) to represent Team Jersey in the relevant event.
- The Commonwealth Games Federation have imposed a cap on the overall team size of Team Jersey of 33 athletes across all sports[1] with no specific allocation between sports. If more than 33 athletes achieve the selection criteria for their respective sports then a Final Selection will be made by the Validation Group of the CGAJ.

Note 1. This excludes team sports in which Team Jersey does not normally compete and Beach Volleyball which was added late as a 2018 Games sport and whose athlete numbers will be added to Team Jersey if they achieve their relevant Selection Criteria.

For and on Behalf of JASA
Neil Faudemer
President JASA
Dec 2015

Appendix 1 – JASA Performance Indicators 2018

Event:	Male: Performance Indicator	Female: Performance Indicator
50m Freestyle	23.14	26.12
100m Freestyle	50.64	56.30
200m Freestyle	1.49.98	2.01.69
200 Freestyle S14 MD	2.05.83	N/A
400m Freestyle	3.55.47	4.15.01
1500m / 800m Freestyle	15.45.44	8.48.03
50m Backstroke	26.58	29.55
100m Backstroke	56.77	1.02.73
200M Backstroke	2.03.53	2.14.89
50m Breaststroke	28.70	32.81
100m Breaststroke	1.03.28	1.09.97
200m Breaststroke	2.16.46	2.30.92
50 Butterfly	24.78	27.49
100m Butterfly	55.05	1.01.37
200m Butterfly	2.02.58	2.15.18
200m Individual Medley	2.04.94	2.17.73
400m Individual Medley	4.28.84	4.51.75